Learn how to work well with people of all ages

It’s likely you work side by side with people who are many years older or younger than you. People’s communication styles, work styles, and expectations may be very different from yours. LifeWorks has resources to help you work effectively across the generations. Call anytime to speak with an experienced consultant for support and for ideas on how to turn age diversity into a plus.

We also offer helpful online resources such as these:

- A new podcast, Becoming a Better Listener, featuring Mark Goulston, the author of Just Listen. He shares simple, proven techniques on how to listen in a way that makes others feel understood and quickly bridge communication gaps with co-workers, clients, and loved ones.

Call LifeWorks at 888-267-8126 anytime.
En español: 888-732-9020, TTY: 800-346-9188
You can also visit www.lifeworks.com
(username: university; password: dayton).